



Trinity Team

Trinity Evangelical Lutheran Church
 10014 81 Avenue
 Edmonton, AB T6E 1W8
 Phone: (780) 433 1604
 Email: office@trinity-lutheran.ab.ca
 Website: www.trinity-lutheran.ab.ca

April 2023

Resurrection? Here?

by Pastor Erin Thomas

There are so many reasons we attribute to the followers of Jesus as to why they weren't able to foresee his resurrection that strange morning.

- *Perhaps they were all a bit dim...*
- *Maybe Jesus was supposed to be a military leader...*
- *We can't forget all the trauma they all just witnessed...*

I mean, if I was to witness the violent death of one of my friends or family members, I can pretty much guarantee that the last thing I'd be thinking of was any kind of weird prediction they may or may not have made a few months ago. In fact, I'm pretty sure my entire nervous system would be on the verge of collapse and my thinking brain would be in deep shut-off mode.

Even if the followers had been able to somehow recall Jesus' words about returning, about rising again, how would they have been able to actually imagine it? Even if they had borne witness to the raising of Lazarus, what kind of capacity did they possess in order to know just what was about to happen to Jesus?

None, really. None at all. They weren't meant to. They were human. They were finite, limited creatures – like me – who aren't supposed to see all things, know all things, divine all things, or be all things. They weren't God. I'm not God. You're not God.

A good thing, too. The followers' inability to imagine resurrection actually brings me a bit of joy, even hope! These folks were just

like me! When the world seems bleak and I wonder how in the world I'm going to make it through, I know it is nerve-wracking to try and imagine the end result.

But here's the thing: I'm not called to imagine the end result. I'm called to set out on the journey. I'm called to learn and deepen relationships, not achieve perfect understanding in this particular moment. I was created to be this way. So were you! We are limited beings with limited capacity. God knows this – God is our Creator! Of course God knows!

Why would we imagine that God would shame the followers of Jesus (or us), or laugh at the followers (or us) when all along, God expected Peter, James, John, Mary, Salome, and all the rest to be fearful and anxious and grief-stricken and foggy-brained? They are



being their most human selves in their most vulnerable moments. I believe, deep down, God was very much pleased with who they were already, how they were deepening their connec-

Inside this issue:	
• Resurrection? Here?	1
• Bishop's Message	2
• He Is Risen!	2
• A Green Branch	3
• Easter on Earth as it is in Heaven	4
• Easter Puzzles	4
• Celebrating Love	5
• Christ Arises within You	6
• How's Our Giving	6
• Hope Together	7
• Prayers for Holy Week	7
• Be Joyful	8
• Holy Week Worship	8
• German Worship	8

tions together during a horrible time.

Trinity has just come through a very hard Annual General Meeting. We were forced to bid farewell to Pastor Calvin, and we reduced Pastor Sigmar's hours. Presently, the budget is very, very tight. The German congregation has made the most difficult decision to reduce its services by half each month, and the English congregation has not seen the hoped-for return of our usual number of people on a Sunday morning.

Resurrection? Where? Where might there be new life in all of what feels like quicksand? How could there be if it seems like it's all coming apart? If people around the world are drifting away from church – or at least church as I've

...see **Resurrection?...** page 3

Bishop's Message

Dear Beloved of God -

Death is a reminder of the brevity of life on earth and of the universal, inescapable nature of life's end. In the face of death, care for the dying and those who have died is a fundamental sign of humanness, giving expression to deeply held convictions about the meaning of life.

The church's most deeply held conviction is the paschal mystery: Christ's saving passage through death to resurrected life as the new creation – the same passage that Christ calls the baptized to follow. When the church gathers to mark the end of life, the paschal mystery in which the baptized live is our source of worship, the heartbeat of mutual consolation, the hope of healing, and increasingly, I am becoming convinced, the opportunity for practices that speak to the "dust" of our existence as part of care for the earth.

For some time now, I have been thinking about green (or "natural") burials, which focus on reducing the environmental impacts on the earth by promoting simplicity and sustainability, seeking to reduce the carbon emissions, toxins released, and waste produced.

Broadly speaking, natural burial means caring for the dead with minimal environmental impact. Natural burials use no embalming chemicals, use a shroud or a biodegradable coffin, and avoid cement, steel, and non-biodegradable materials conventional burials put into the earth. A natural burial also lacks the carbon footprint of cremation, which has been calculated as the equivalent of a 500-mile car journey.

For some people natural burial also involves a more participatory burial process: washing and dressing your loved one's body at home, accompanying them to the grave site, physically laying them into the ground, and then fully covering their body with dirt.

This contemporary Western resurgence of green burials began in 1993 when Ken West, head of bereavement services for the city of Carlisle, England, opened up an area of grassland bordering the municipal cemetery for burials. His goal was to find a way to integrate wildlife with burial, so he also offered families the option of planting an oak tree at the grave site instead of erecting a gravestone.

The idea took off. When three British researchers studied burial grounds in the United Kingdom in 2013, they found that 268 natural burial sites had been created in the two decades after West's initial project.

The Green Burial Society of Canada (www.greenburialcanada.ca) defines green and natural burials by five simple principles:

No Embalming — In natural burials, embalming is not done as the chemical agents used in this process are harmful to the environment. With that in mind, bodies can still be prepared for burial and viewing made possible with refrigeration and the use of environmentally sensitive soaps, lotions, and disinfectants.

Direct Earth Burial — The body is wrapped in biodegradable material, often a shroud, and interred directly into the earth. Alternatively, the shrouded body can be placed into a casket or alternative container, where the casket or container is also made of sustainable and fully biodegrad-

able materials. Ideally, the shroud or casket will be locally sourced, as close as possible to the deceased's place of death and burial.

Ecological Restoration and Conservation — Visitation to the green burial site is sensitively managed, such as staying on designated pathways, to ensure the peaceful cohabitation of wildlife and visitors wanting to commemorate loved ones. Preservation is a key component, as green burials aim to integrate gravesites into the natural ecosystem. Once a natural burial has been completed, the surface of every grave is planted with locally indigenous plant materials, using a combination of groundcover, shrubs, and trees.

Communal Memorialization — For green burials the use of individual memorials is discouraged. Instead, communal memorialization, again using naturally sourced materials, is placed in the natural burial cemetery. Ultimately it is the green burial site as whole that becomes a living memorial to the persons interred there.

Optimized Land Use — The site is designed to optimize land use to further promote natural sustainability and the environment it is located in.

This Lent I will be thinking more, and making decisions for my burial, mindful of the paschal mystery, including both my baptism into Christ and care for the earth.

In Christ Jesus

Shalom, +Larry

He Is Risen!

The theme the Communications team chose for this issue of the Team is "He Is Risen!". While we all agreed that these three words are at the heart of our understanding of our faith and of who Jesus is for us, we wondered how people would explain the resurrection and the importance of the resurrection to others.

Think about it. What do these three words mean to you?

- What comes to mind for you when someone says "Jesus rose from the dead"?
- How would most people react when someone says Jesus rose from the dead?
- Assuming the wider world out there rejects this proposition, how do we as Christians share it?
- How do we share how God is at work in our lives to today's audiences?

We all have different ways of expressing our faith and part of that includes sharing the good news that He Is Risen.

We've asked a few other members of our congregation to share their thoughts. You'll find little text boxes with the heading "He Is Risen!" throughout this issue.

May they inspire you to share the good news with others too.



A Green Branch on the Front Door

I loved the idea of the Lutheran Church in Brazil (IECLB) to put a green branch on the front door of the house, or on the window, to remind us of Palm Sunday. That's quite difficult for us here in Canada. Here, the only green plants at this time of year are firs, pines and cypresses, and if I were to hang one of these branches on the front door, the neighbours would definitely say, "But it's not Advent or Christmas!" If you want to put up palm branches, you need to buy them from a flower shop that imports them from Mexico.

Since we as Christians consider this time of the year to be a contemplative time to stay united in prayer with all other Christians, we decided to put up a planter with geraniums which my wife has taken great care of to keep them alive during the winter. As you can see in the photo, the green plant is in the house and outside, there is still all the snow. Next

to the planter with geraniums, we placed the small sculpture that symbolizes the empty tomb - Easter. We are aware of the season of suffering, but our hope must be focused on the resurrection so that we may see the empty **Cross** and the empty **Tomb**. At this time, when the world is suffering because of wars and environmental disasters, let us fix our eyes on God and place in Him the hope of life, life in abundance. The apostle Paul wrote, "For I am sure that the afflictions of this present time are not to be compared with the glory that will be revealed to



us.”(Romans 8:18) We have endured the pain, the suffering and even the shame of Calvary, but we will not stand idly by on Good Friday. The message for all of us is about life, and life in abundance with the Christ who conquered death. With this in mind, my wife Gertrud and I wish you a blessed Easter preparation time - and **happy EASTER!**

Pastor Reichel

I take this opportunity to inform you about our upcoming services in the German language:

- March 26 at 10:30 a.m. combined confirmation jubilee service (German and English);
- April 2nd 9:30 a.m.: Palm Sunday service;
- April 7th 10:00 a.m.: Good Friday with Holy Communion; (April 16 - no German Service)
- April 9th 9:30 a.m.: Easter Sunday;
- April 23rd 9:30 a.m.: Worship service with Holy Communion. (April 30 - no German Service)

After Easter and onward we will offer two services per month in German, on the second and fourth Sunday. On the fourth Sunday we will celebrate the service with Holy Communion.

We hope to see you soon in our services.

He Is Risen!

When I first read these words in Scripture, I got the very real feeling that Jesus was right there in the room with me: Jesus said **I will be with you always; nothing can keep you from me; I am going home to prepare a place where you will join me.** When I think of these words again, I still get the feeling that He is near again.

Resurrection?... from page 1

known it to be – then what's the point?

Just what are you up to, God?

God's up to exactly this: God is up to being present with all of us as we experience various stages of death and dying. And yes, many expressions of church in North America and Europe are dying. This is the truth of it. And God is here with us for it.

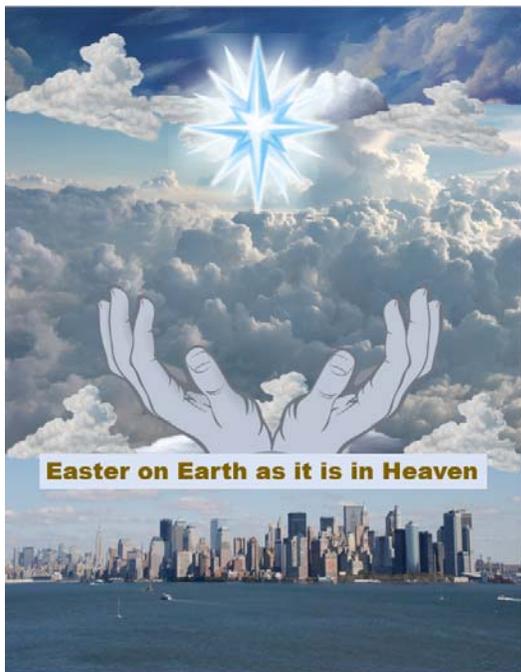
God is with us just as God has been with every single group of people throughout history when upheaval has occurred. God was with the followers when all they could see was death, and God is with us now. Not only that, but God is already enacting a resurrection we are presently unable to see, fathom, understand, or accept. We are only reassured that resurrection WILL come.

Whenever death happens in our worlds, it looms large on our horizons. It's supposed to: it's the last major life

event for us as carbon-based lifeforms. Rushing past its presence and impacts on us towards some kind of Easter dawn will eventually create a death of its own. While death is never nice to encounter, and grief is ever difficult, it is always better by far to receive it as best we can in honesty and fullness. Denial will not bring us faster to resurrection. It will only delay our healing.

I can't predict how church will look in ten years...five years...next year. What I say with assurance is that not only is God here with us in this anxious moment, God is already embodying kinds of resurrection we aren't even aware of yet. God is already moving and nurturing, growing us and shaping us.

Receive this word with hope, Trinity Lutheran Church. Yes...resurrection will happen. Be free to acknowledge the anxiousness of our moment right now, but in the same breath take heart: life is already finding its way.



In its sweetest form Easter links those lost and lonely lows on earth to divinely scaled heights in heaven. Because Christ rose to settle our scores, Easter reminds us we can live grace in harmony beyond harsh judgment of ourselves and others. Demands for justice and payback give way to personal growth and paying forward a divine courage to love.

Easter leaves us brave enough to love ourselves as God loves all. Without conditions! And when we offer the same agape love to others around us, life here on earth looks more like heaven. How so?

Resurrection laden language includes -

- How can I help?
- Need a hug?
- Are you OK?
- Would breathing help?
- I'm here if you need me.
- I feel especially grateful for you.
- Let's brainstorm a solution together.
- What do you think?

Most of us long for the kind of happiness that Easter promises. Problem is – we look in the wrong places. Fleeting pleasures can come from external delights, but joy and lasting happiness is God's gift of grace found deep within!

We often hear of solving conflicts by ways we can *LIVE and LET LIVE*. Easter's inner risen life equips us to live daily so that others can also live beyond hurts and harms we all face.

Because ...

... Jesus is transfigured, we can live in hope in spite of every challenge.

... Jesus is risen, we can live as healed even when we get cruelly criticized.

... God calls us into His love, we can live happily in spite of life's setbacks.

... God's kingdom comes on earth as in heaven, we can live, laugh and love here on earth.

When Easter on earth looks and acts like it does in heaven, we experience God's kindness and love as it activates our centre!

Written by Ellen Weber (www.brainleadersandlearners.com)

Easter Puzzles

Can you put these pictures in the order of the Story of Easter? (solution on page 8)

	____ The disciples run to tell the Good News about the empty tomb to all the world!
	____ Jesus was put to death on the cross (crucified) for all our sins.
	____ Jesus arose from the dead!
	____ Jesus was forced to carry His own cross.
	____ Candles remind us about God's light and about how Jesus overcame death for us all.

Easter Word Search

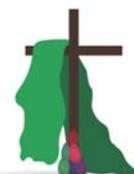
```

G S N O I T P M E D E R Y Y M
J J U Y K I R Y T T F X E O L
R L K F W E E C I O J E R C K
X Y N G Q C U W V U P C M C K
R C R O S S H R E D P H M N E
I F V A I B Q U I R G P Q R N
S A Q Z M T M I R A C L E T S
E I A O I R C H R C O Y I U E
N T T P R C G E Y O H S S R L
I H H S O O C A R K I E P V K
N W O R C S D U B R J V R G T
O H T N G N T E S F U L A M I
D P V O U Q F L D K A S Y S H
Z M E S B Z Z W E M L Y E D F
E T G L M E G K B S L T R R U
    
```

APOSTLES
CROWN
LAMB
PRAYER
RESURRECTION
SON

CHURCH
FAITH
MARY
REDEMPTION
RISEN
SUNDAY

CROSS
JESUS
MIRACLE
REJOICE
SAVIOR
TOMB



Words can be found in any direction, even backwards and diagonally.

Celebrating Love and Friendship on February 14th!

Trinity's German speaking seniors and their guests were treated to special Valentine's Day hearts in the Luther Centre on February 14. Pastor Sigmar Reichel along with his amazing wife Gertrude had prepared a lovely afternoon gathering for those who gathered that day. Every second Tuesday of the month, the Reichels volunteer to



lead an afternoon of worship, reflection, socialization and Kaffee und Kuchen. Every month talented and loyal members of the Trinetten German Ladies group bring an array of cakes and flowers and look after set up and kitchen work. No monthly gathering is complete without birthdays to celebrate...and this time it was Julius S, Herman K and Elsie L who received heartfelt birthday wishes.



Astonishingly Elsie, born in 1917, was now able to celebrate her 106 years of being "behalten, erhalten, and unterhalten" by God. (different ways of saying being kept in God's care). Her son and daughter each took to the microphone to share a few of Elsie's experiences over the years. Blessed with an excellent memory and a clear voice, she took to the mike as well and shared a poem she had learned in elementary school over 90 years ago!! Elsie is an inspiration to many for many reasons. One of those is that every day she makes a point of taking her walker up and down the building hallway for exercise! Another is how she credits God with having granted her each new day for all of these years.

One of the themes of this Valentine's Day celebration is that of friendship. Many of the people gathered have

turned to their German church community friends for over 60 years - having first met as young adults leaving war-torn Europe to start a new life in Canada.



One of the songs selected for the afternoon was "True Friendship shall not falter." It truly reflects the love and care that this community has for its fellow members and can be summarized as follows: *True friendship does not falter, it does not forget loyalty, it means that we carry each other in love all the way to the night of death and it means that we will pray to God to bless the friends for whom we shed our tears upon their passing.*

*Wahre Freundschaft soll nicht wanken,
wenn sie gleich entfernt ist,
lebet fort noch in Gedanken
und der Treue nicht vergisst.
Keine Ader soll mir schlagen,
wo ich nicht an dich gedacht;
für dich werd ich Liebe tragen
bis in tiefe Todesnacht.*

*Im Stillen werd ich Tränen weinen
und träumend dir zur Seite stehn,
und seh ich Gottes Sonne scheinen
werd ich für dich um Segen flehn.*

Christ Arises Within YOU on the Exhale

Upon birth we take our first inhale. Upon death we take our last exhale. In between we breathe in and out approximately 21,600 times a day (based on an average adult of 15 breaths per minute). With every breath our old blood is cleaned and sent back out renewed.

This *inspiring* thought of ‘Christ arising within you on the exhale’ arose out my learning of how the heart, diaphragm, lungs and blood work together as a team. Below is a basic flow of what happens in the body during a breath cycle of an **inhale** and **exhale**.

On the **inhale** . . .

- Heart rate increases
- Diaphragm descends downwards (belly expands)
- Lungs take in oxygen
- Old (CO2 venous) blood comes into the right heart (vena cava)



- Old blood moves into lungs where CO2 is exchanged for Oxygen (washed)

On the **exhale** . . .



- Diaphragm ascends upwards (belly contracts)
- Lungs send out CO2
- New oxygenated (revitalized) blood moves out of lungs and flows into left heart
- New blood leaves via the heart’s aorta and is sent out

into the body (head to toe)

Just like the diaphragm arises on the exhale, this made me think of Christ arising within us. Or another take is, Christ greets our sins on the inhale, washes blood clean during gas exchange and then on the exhale sends out forgiven (revitalized) blood.

An image I use is a photo of a daisy taken by Stefan. Inhaling I picture the inner part of the daisy as the old blood coming into my heart. On the exhale, I picture the whole daisy, like Christ, radiating outwards renewed blood to the far reaches of my body. To help new blood reach fully to the outer edges of your body, ensure the exhale is as long (or longer) than the inhale. Blowing out through pursed lips helps. But make sure you breathe in through the nose.

Explore more about breathing on my YouTube channel, [Barb A Yoga Guide](#), where there is a video of the ‘Breathing Daisy’. Also learn how to improve the movement of your diaphragm and overall well-being through my Substack posts called “[Affairs of the Heart](#)”.

Barb Ritter

How’s Our Giving

He is risen... He is risen indeed!

Easter is the highlight of the church year for me. Because Jesus died for me and then overcame death to continue his Holy ministry, I can know him as my Lord and Savior.

But what do I do with this knowledge, with this relationship I have with Jesus? I find fulfillment sharing the gifts I’ve been given with others. It’s clear that I’m not alone in this at Trinity.

Contributions to Current



As treasurer I am continually amazed that this community of believers contributes over \$300,000 a year in donations to “Current”. The current fund is the primary source of funds to support our ongoing ministry in this place. It includes all gifts given to Trinity Lutheran Church that are not otherwise designated, from members, from friends of Trinity and from guests. While rental incomes largely cover the cost of operating the buildings, the ministry relies on gifts to current to sustain it.

To help everyone in the Trinity community understand the progress we’re making towards sustaining this ministry in 2023, we will be sharing our donations thermometer with you on a regular basis. On the right hand side it shows the level of Giving to Current so far this year, and on the left hand side it shows the monthly targets (based on our budget and on 2022 giving patterns) that will help us achieve our goal of \$306,000 in donation by year end.

I hope you find it helpful in understanding our financial position.

Frank Thede
Treasurer

He Is Risen!

I believe that Jesus died and rose for our salvation. If that didn't happen, the whole Bible would be erroneous and our faith would be in vain. The main message of the Bible is that God is restoring the world to His original design through Jesus Christ. All of the Bible points to Jesus - who He is and what He would come to do.

Many people would find it difficult to believe that Jesus actually rose from the dead.

More than 500 eyewitnesses saw Jesus after he rose. The witnesses were often persecuted and martyred for their beliefs but spoke and wrote about their experiences anyway.

We can show Christ through our daily lives and work. We can talk about our faith with others. We can pray for others and ask the Holy Spirit to work in their lives. Every Christian has been given the responsibility to teach and spread the good news of Jesus Christ. Christianity is the only religion that believes in a Savior who gave His life for our salvation- a free gift of grace rather than earned through good works.

- Marlene Gruenberg

Hope Together

At the time of writing this article we have just been through a flurry of activity and are in the midst of our Lenten season. As I look back over the past months and contemplate the harsh realities we faced, the feelings of sadness and grief these realities bring, and the necessary changes we need to make in order to move forward; it has been daunting at times. This has made me realize that I have a choice. I can allow myself to be dragged down a dark rabbit hole of despair or allow myself to be lifted up in hope. Today I choose hope!

Knowing that we have survived the significant challenges we are experiencing individually and as a faith community grounded in our common belief of a loving God who loves us with no conditions and gives us strength; gives me hope.

Welcoming a new council member to the small team of dedicated people who are tasked to make the best possible decisions in these challenging and difficult times; gives me hope.

Hearing your very diverse opinions, thoughts and concerns, striving to implement changes that support strengthening the overall connectedness within our community, knowing the presence of the Holy Spirit is among us leading and guiding us to new ways to connect and support each other; gives me hope.

As Easter fast approaches knowing that our Lord and Saviour Jesus will rise from the tomb to give us freedom, forgiveness and grace; gives me hope.

As spring unfolds before us bringing the freshness, beauty and renewal in the world around us; I am filled with hope. Hope for the future of Trinity. That we can thrive, grow and be the embodiment of God's love in the world. Together.

Monica Bishop

Your Church council chair

He Is Risen!

When I hear the words "He is risen!" I think of freedom, freedom from fear. Jesus walked the path through death to resurrection and now, over 2000 years later he is with us, reminding us we do not have to fear anything. Yes, we will suffer pain, loss, and death but these things do not define us. We are part of something beyond the fragility of our bodies. When I remember this I am less selfish, and less anxious about losing stuff or about not having "enough". I am more willing to share, to be there for others, and to love those that seem to be my "enemies". My work in healthcare gives me an up close look at the reality of the path we all travel, in and out of health, aging, and eventually dying. My job is to help people live longer and healthier lives, but I know the limits of what we humans can do. This reality is a hard one but whether or not I am healthy or sick, more productive or less productive, live longer or shorter, it is all ok. He is risen!...and because of that, when I remember that, I am free to live and love without anxiety. I try and share Jesus' gift of freedom in small ways. I try to live a life that does not depend on the trappings of "success". I try and walk with my patients through illness and death with optimism, even at the end of life. Of course, I still get afraid and anxious sometimes, but it is less overwhelming because He is risen indeed!

- Jeff Gusdahl

Prayers for Holy Week

These prayers were published by Concordia Publishing House, in the January to March issue of "Daily Devotions" (Tägliche Andachten) in 1997. Translations by Hannah Noerenberg.

Gebet am Palmsonntag

Herr Jesu, beim Eintritt in die Karwoche danken wir dir, daß du durch dein Wort und Sakrament auch in unseren Herzen und Seelen Einzug gehalten hast. Hilf uns dir die Zweiglein der Gottseligkeit mit Andacht, Lust und Freude auf den Weg zu streuen. Laß uns ganz besonders in dieser Woche wieder deine Liebe erkennen, die dich getrieben hat, für uns und unsere Sünden zu leiden und zu büßen. Laß uns immer deine Tischgäste sein und dein Abendmahl schmecken, damit auch wir in deiner Nachfolge durchs Kreuz zur Krone gelangen. Amen.

PALM SUNDAY PRAYER: Lord Jesus, at the entrance to Holy Week we thank You that through Your Word and Sacrament You have also entered our hearts and souls. Help us to strew the path with branches of godliness with devotion, desire and joy. Especially during this week, let us recognise once again Your love, what drove you to suffer and repent for our sins. Let us be guests at your table and taste your holy communion meal so that we may follow you on your path through the cross to the eternal crown. Amen.

Gebet am Osterfest

Allmächtiger Gott, der du durch die Auferstehung deines eingeborenen Sohnes Jesus Christus der ganzen Welt hast Heil und Seligkeit widerfahren lassen, wehre allem Unglauben und Spitzfindigkeiten menschlicher Vernunft, die uns die Freude der Ostern und der Tatsache der wahrhaftigen Auferstehung rauben wollen. Gib uns die Kraft des heiligen Geistes, der uns in rechter Osterfreude im Namen des auferstandenen Christus, unseres Herrn, bekennen läßt: unser Glaube ist der Sieg, der die Welt überwunden hat. "Christus, er mein Heiland lebt, ich werd auch das Leben schauen, sein wo mein Erlöser lebt, wovor sollte mir denn grauen, läßt auch ein Haupt sein Glied, welches es nicht nach sich zieht?" Das ist gewißlich wahr. Amen.

EASTER PRAYER: Almighty God, through the Resurrection of Your only Son Jesus Christ, you have let all the world experience salvation and blessedness. Help us resist faithlessness and wily argumentation grounded in human logic which may strive to steal away from us Easter joy and the fact of Christ's actual resurrection from death. Give us the strength of the Holy Spirit who allows us to confess true Easter joy in the name of the Risen Christ, our Lord. This faith is the victory that has overridden the world. "Christ, my Saviour lives, I will also see life, and be where my Saviour is. I have nothing to fear." This is most certainly true. Amen.

HE IS RISEN!

Be hopeful!

Look at the crocuses undeterred by the cold or snow
Listen to the melody of nature's instruments
Music formed from the swirling of the wind
The swaying trees, branches cracking and snapping
The blue jay sounding like a clothesline being drawn
What lively sound effects from creation

Be hopeful!

Are you aware that
Jesus is risen?
This is not fake news
this is Truth
Jesus is not a rock
star or a celebrity
Search, and you will
find Him



Be still, for He is as close as your heartbeat

Be hopeful!

Mary, a disciple, distraught by the empty tomb met a
gardener

She failed to recognize the One she dearly loved
She forgot His words that He would defeat death
Her irrepressible tears of sadness blurred her vision
But she recognized Him when He spoke her name
He always did so in such a unique way

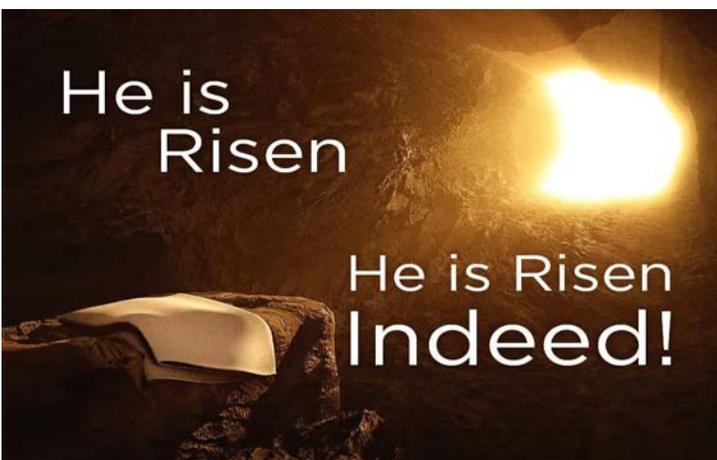
Be hopeful!

Magic is not at play, no need for a time machine
Nothing to fear, nor hide from
Stay and believe in what seems impossible
I am told to love and serve others in need
To recognize the One who calls us by name
He who conquered pain, suffering, and death

Be hopeful!

Before a merciful and loving God
True to all His promises
We are all brothers and sisters in the divine plan
Let it be shouted and sung - He is Risen!

- Beverly Kavanaugh



Holy Week Worship

Palm Sunday - April 2nd

- German - 9:30 AM
- English - 11 AM

Good Friday - April 7th

- German: 10 AM
- English: 3 PM

Easter Sunday - April 9th

- German - 9:30 AM
- English - 11 AM,

March & April German Worship Services

- March 26: 10:30 am combined confirmation jubilee service
- April 2: 9:30 am: Palm Sunday service
- April 7: 10:00 am: Good Friday with Holy Communion
- April 9: 9:30 am: Easter Sunday
- April 23: 9:30 am: Worship service with Holy Communion

Starting in May, German services will be offered twice a month, on the second and fourth Sunday. Communion will be offered on the fourth Sunday.

Picture Puzzle Answer (page 4):



The Trinity Team is a publication of Trinity Evangelical Lutheran Church, Edmonton, Alberta. The Team is published 3-4 times a year - in August, in December, and in April under the auspices of the Communications Committee. Next publication date: August 2023.

The Team is intended to serve the members of Trinity Lutheran Church as a comprehensive communications tool. The editors welcome your comments or questions. Please submit all Team articles, information, comments or questions to: Trinity Office

(office@trinity-lutheran.ab.ca)

or drop them off at the church office - Attn: Trinity Team

© Trinity Lutheran Church, 2023

Source should be acknowledged if material reproduce in whole or in part.